# WEEK 1 MENU

W/C: 30/10, 20/11, 11/12, 08/01, 29/01, 19/02, 11/03, 01/04





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Salmon Mayo Jacket Potato with salad .

SALADS:

Tuna and Sweetcorn Pasta Salad Pesto Pasta Salad 👐 😻 🕥

### SANDWICHES/BAGUETTES:

Cheese and Pickle Sandwich Chicken, Lettuce & Mayo Sandwich Cheese Sandwich 🗴 Tuna and Salad Baguette Cheese & Tomato Baguette 🔊

#### WRAPS:

Tuna Crunch Wrap 🐲 Pepper and Houmous Wrap 💿 🐲

#### HOT DISHES:

**Paninis and Freshly Baked Pizza** Pasta & Sauces Jacket Potato and Toppings Love Joe's Mexican Burrito

MON	<b>Traditional Cottage Pie </b> Served with Vegetables and Gravy	Vegetarian Sausages Served with Mashed Potato, Vegetables and Gravy		
ſUE	<b>Spicy Chicken Pitta</b> Served with Chipotle Wedges	<b>Plant Ball Marinara Melt </b>		
WED	<b>Beef Lasagne </b> Served with Garlic and Herb Bread	Vegetarian Cottage Pie 💿 Served with Vegetables and Gravy		
THUR	<b>Chilli Con Carne 🖋 Served with Wholegrain Rice and Vegetables</b>	<b>Vegetarian Sausage Casserole </b> Served with Mashed Potato and Vegetables		
FRI	<b>Southern Fried Chicken Goujons</b> Served with Chips Peas or Baked Beans	Mac and Cheese Pot Garlic and Herb Wedge		

🎽 Fruity! 😻 Nutritionist's Choice 🛛 Vegetarian 洓 Oily fish 😻 Wholegrain

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## FOOD UNION



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