

Sport Studies

Qualification: Cambridge National Certificate in Sport Studies

Exam Board: OCR

Level of Achievement: Level 1/2 Pass, Merit, Distinction

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What will I learn?

You will study three units:

1. **Contemporary Issues in Sport (Written exam)**
 - Understand the issues which affect participation in sport
 - Know about the role of sport in promoting values
 - Understand the importance of hosting major sporting events
 - Know about the role of national governing bodies in sport
 - Learn about the different technology used in sport.
2. **Performance and Leadership in Sport activities (practical and written assessment)**
 - Perform in an individual sport. E.g. Badminton
 - Perform in a team sport. E.g. Football
 - Organising and planning a sports activity session
 - Leading a sports activity session
 - Review own performance in planning and leading
3. **Sport and the Media (written assessment)**
 - Know how sport is covered across the media
 - Understand the positive effects that the media can have on sport
 - Understand the negative effects that the media can have on sport

How will I be assessed?

Assessment

- 1 written exam paper (40%)
- Performance and Leadership practical assessment and assignments (40%)
- Sport and the Media assignments (20%)

These marks then convert to a grade

Future opportunities

- Vocational qualification in sport. E.g. NVQ, BTEC, OCR Cambridge Technical in Sport
- A Level Physical Education
- Apprenticeship in Sport
- Coaching, leadership & officiating qualifications
- Careers in the Sport industry, including, teacher, coach, personal trainer, sports therapist, physiotherapist, analyst & journalist

