

# Sport Studies

**Qualification:** Cambridge National Certificate in Sport Studies

**Exam Board:** OCR

**Level of Achievement:** Level 1/2 Pass, Merit, Distinction

**For more information speak to:** Miss Spurr  
[jspurr@firvale.com](mailto:jspurr@firvale.com)

## What will I learn?

You will study three units:

- 1. Contemporary Issues in Sport (Written exam)**
  - Understand the issues which affect participation in sport
  - Know about the role of sport in promoting values
  - Understand the importance of hosting major sporting events
  - Know about the role of national governing bodies in sport
  - Learn about the different technology used in sport.
- 2. Performance and Leadership in Sport activities (practical and written assessment)**
  - Perform in an individual sport. E.g. Badminton
  - Perform in a team sport. E.g. Football
  - Organising and planning a sports activity session
  - Leading a sports activity session
  - Review own performance in planning and leading
- 3. Sport and the Media (written assessment)**
  - Know how sport is covered across the media
  - Understand the positive effects that the media can have on sport
  - Understand the negative effects that the media can have on sport

## How will I be assessed?

### Assessment

- 1 written exam paper (40%)
- Performance and Leadership practical assessment and assignments (40%)
- Sport and the Media assignments (20%)

**These marks then convert to a grade**

## Future opportunities

- Vocational qualification in sport. E.g. NVQ, BTEC, OCR Cambridge Technical in Sport
- A Level Physical Education
- Apprenticeship in Sport
- Coaching, leadership & officiating qualifications
- Careers in the Sport industry, including, teacher, coach, personal trainer, sports therapist, physiotherapist, analyst & journalist

