

Chartwells Secondary Menu Nutrient Counts – Spring/Summer 2023

What are nutrient counts used for?

The below information can be used for pupils with metabolic conditions whereby they monitor their nutrient intake, such as Diabetes, PKU, Cystic Fibrosis or Prader Willi.

How to use these?

Nutrient Counts provide nutrition data for each recipe served, including Carbohydrate, Fat, Protein and Calories. This data is for the final (cooked) product and is provided **per average portion** for a primary school pupil and per 100g. Having the per 100g means that the portion can be scaled up or down to meet the pupils needs.

For example, a child with diabetes may need the portion altering, so the supporting adult can calculate the carbohydrates consumed and can administer the correct amount of insulin.

Communication between the kitchen and supporting staff is key to ensure the safety of the child needing to monitor their nutritional intake.

How to maintain accuracy:

- 1) Always use the most up to date version of nutrient counts.
- 2) Ensure the correct recipe is used by cross checking the recipe code (PLU Code) on the nutrient count vs your recipe. Also, ensure that the recipe is followed exactly.
- 3) Follow the **portion size exactly as stated on the nutrient counts**, for main, sides and desserts. If this needs to be changed then the school supporting staff, can use the per 100g data to scale up or down the portion.
- 4) Use electronic scales to measure individual ingredients for a recipe. For example, adding extra potatoes to a recipe will increase the carbohydrate content, which is why it is so important to follow the recipe exactly. Also, regularly check the scales are calibrated correctly.
- 5) Ensure when the dishes are complete the agreed portion size of the dish, sides, and dessert is accurately weighed out, note this down on the double-checking form. Cover and label the plate/bowl with the pupil's name ahead of service ready to be provided to the pupil when they arrive.

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NOTIFICATION OF CHANGES TO THE NUTRIENT COUNTS – Spring/Summer 2023

This can happen throughout the menu cycle due to several reasons including a change in supplier, a product switch, or a recipe change.

We will ensure that the updated nutrient counts are shared with you and displayed clearly below.

RECIPE CODE	RECIPE NAME	REASON FOR CHANGE	PAGE NUMBER
93147954	Herby Tomato Pasta	Maggi's Rustic sauce has been removed from the recipe	8
93181323	Traditional Beef Lasagne	Maggi's Rustic sauce has been removed from the recipe	3
93181325	Pasta Beef Bolognese FFL	Maggi's Rustic sauce has been removed from the recipe	7
93203944	Stromboli Bread has changed name to MARGHERITA PIZZA PINWHEEL	Maggi's Rustic sauce has been removed from the recipe	8
93204511	Sloppy Joe Burger	Maggi's Rustic sauce has been removed from the recipe	3
93204629	Chilli Con Carne	Maggi's Rustic sauce has been removed from the recipe	3
93181381	Traditional Beef Lasagne (Halal)	Maggi's Rustic sauce has been removed from the recipe	3
93204221	West African Chicken Rice	Maggi's Rustic sauce has been removed from the recipe	5
93208665	Sloppy Joe Burger (Halal)	Maggi's Rustic sauce has been removed from the recipe	3
93208669	Chilli Con Carne (Halal)	Maggi's Rustic sauce has been removed from the recipe	3
93203346	Ranch Dressing	Brakes Mayo has been switched to Heinz Mayo	9
93203511	Sriracha-Glazed Chicken Burger	Brakes Mayo has been switched to Heinz Mayo	4
93094208	Sweetcorn	Change in brand of sweetcorn from super sweet to normal	9
93170368	Salad Sweetcorn	Change in brand of sweetcorn from super sweet to normal	9
93162615	Roast Potatoes	In line with M&W data	8
93203511	Sriracha-Glazed Chicken Burger	Recipe updated, from southern fried chicken to a chicken breast	4

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Chartwells Secondary Menu Nutrient Counts – Spring/Summer 2023

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Recipe Code	Meat Mains	Portion Size	Calories (Kcal)	Energy (KJ)	Total Fat (g)	Protein (g)	Carbohydrate (g)
BEEF							
93237708	BBQ BEEF MEATBALLS	168	249	1,043	16	14	13
		100	149	622	10	8	8
93204629	CHILLI CON CARNE	148	141	588	5	14	9
		100	95	397	4	10	6
93239252	MEXICAN BEEF TORTILLA PIE	192	234	980	10	17	19
		100	122	511	5	9	10
93203913	MINCE BEEF PIE	207	295	1236	8	17	40
		100	142	597	4	8	19
93204511	SLOPPY JOE BURGER	176	407	1,705	19	26	31
		100	231	967	11	15	18
93181323	TRADITIONAL BEEF LASAGNE	272	410	1,714	20	23	38
		100	151	631	7	8	14
93098950	TRADITIONAL COTTAGE PIE	364	303	1,267	9	19	38
		100	83	348	2	5	11
HALAL BEEF (Where nutrition differs from standard)							
93208669	CHILLI CON CARNE HALAL	148	177	741	10	13	9
		100	120	500	7	9	6
93239254	MEXICAN BEEF TORTILLA PIE HALAL	192	264	1,103	14	16	19
		100	137	576	7	8	10
93204227	MINCE BEEF PIE HALAL	223	368	1,538	15	19	40
		100	165	690	7	8	18
93208665	SLOPPY JOE BURGER HALAL	130	255	1,067	7	14	31
		100	197	824	6	10	24
93181381		289	441	1,843	24	21	38

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	TRADITIONAL BEEF LASAGNE HALAL	100	153	639	8	7	13
93099011	TRADITIONAL COTTAGE PIE HALAL	344	327	1,369	13	17	37
		100	95	398	4	5	11

Recipe Code	Meat Mains (Continued)	Portion Size	Calories (Kcal)	Energy (KJ)	Total Fat (g)	Protein (g)	Carbohydrate (g)
CHICKEN AND TURKEY							
93241647	BUFFALO CHICKEN	105	199	831	13	15	6
		100	189	789	12	14	5
93204627	CHICKEN KATSU	148	159	665	6	16	11
		100	107	448	4	11	7
93203347	CHICKEN MASALA NAAN BOWL	296	388	1,624	12	26	45
		100	131	548	4	9	15
93239998	CHICKEN SHAWARMA BOWL	450	445	1,862	8	26	70
		100	99	414	2	6	16
93235943	CHICKEN TIKKA MASALA	172	188	789	9	17	12
		100	110	459	5	10	7
93237707	CHIPOTLE CHICKEN SLIDER	196	326	1,365	11	27	29
		100	167	697	6	14	15
93237530	CRISPY CHICKEN BURGER	149	312	1,306	11	15	38
		100	209	875	7	10	26
93041812	MOROCCAN CHICKEN COUSCOUS SALAD	275	428	1,791	8	27	65
		100	156	651	3	10	24
93238733	ROAST CHICKEN MASH	446	406	1,698	12	25	51
		100	91	381	3	6	11
93108713	ROAST TURKEY BREAST	55	85	355	1	19	0
		100	155	651	2	35	0
93170733	SOUTHERN FRIED CHICKEN GOUJON	73	153	642	7	10	12
		100	210	880	9	14	17
93203511	SRIRACHA-GLAZED CHICKEN BURGER	214	332	1389	8	26	39
		100	155	649	4	12	18
93203558	SWEET CHILLI & GARLIC CHICKEN NOOD	312	458	1,919	10	24	69
		100	147	616	3	8	22
93236711	SWEET CHILLI CHICKEN NOOD SALAD	306	445	1,863	8	30	65
		100	145	609	3	10	21
93203552	WEST AFRICAN CHICKEN RICE	312	383	1,603	9	21	57
		100	123	514	3	7	18
HALAL CHICKEN AND TURKEY (Where nutrition differs from standard)							
93242116	BBQ CHICKEN MEATBALLS HALAL	83	51	214	2	1	8
		100	62	259	2	1	10

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93241806	BUFFALO CHICKEN HALAL	91	197	824	13	14	6
		100	216	905	14	16	6
93208668	CHICKEN KATSU HALAL	149	160	668	6	16	11
		100	107	448	4	11	7
93240252	CHICKEN MASALA NAAN BOWL HALAL	277	308	1,291	6	20	45
		100	111	466	2	7	16
93154010	CHICKEN SAUSAGES 8'S HALAL	75	143	600	9	11	13
		100	191	800	12	15	17
93239999	CHICKEN SHAWARMA BOWL HALAL	469	473	1,981	6	25	81
		100	101	423	1	5	17
93235944	CHICKEN TIKKA MASALA HALAL	171	158	664	5	16	12
		100	93	389	3	10	7
93237706	CHIPOTLE CHICKEN SLIDER HALAL	175	241	1,011	5	20	29
		100	138	576	3	12	16
93241923	CRISPY CHICKEN BURGER HALAL	149	287	1,203	7	17	40
		100	192	805	4	11	27
93169444	MANDARIN BARB CHICKEN HALAL	76	98	409	1	15	7
		100	129	541	1	20	10
93238732	ROAST CHICKEN MASH POT HALAL	442	354	1,482	7	24	51
		100	80	335	2	5	11
93132734	ROAST TURKEY BREAST HALAL	58	91	379	1	20	0
		100	155	649	2	35	0
93170734	SOUTHERN FRIED CHICKEN GOUJON HALAL	84	175	734	8	12	14
		100	210	879	9	14	17
93204169	SRIRACHA-GLAZED CHICKEN BURGER HALA	239	353	1,479	9	20	47
		100	148	618	4	8	20
93204225	SWEET CHIL & GARLIC CHICK NOOD HALA	311	436	1,824	7	25	69
		100	140	586	2	8	22
93204221	WEST AFRICAN CHICKEN RICE HALAL	302	345	1,445	5	21	57
		100	115	479	2	7	19
FFL CHICKEN AND TURKEY (Where nutrition differs from standard)							
93241921	CRISPY CHICKEN BURGER FFL	149	287	1,203	7	17	40
		100	192	805	4	11	27
93170735	SOUTHERN FRIED CHICKEN GOUJON FFL	73	128	538	3	12	14
		100	176	738	4	17	19

Recipe Code	Meat Mains (Continued)	Portion Size	Calories (Kcal)	Energy (KJ)	Total Fat (g)	Protein (g)	Carbohydrate (g)
FISH							
93230888	BREADED BASA	100	255	1,068	10	11	29
		100	255	1,068	10	11	29

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93230889	BREADED FISHWICH	142	357	1,494	15	13	41
		100	251	1,050	11	9	29
93237426	CRISPY KATSU FISH	180	331	1,388	15	12	36
		100	184	769	9	7	20

Recipe Code	Meat Mains (Continued)	Portion Size	Calories (Kcal)	Energy (KJ)	Total Fat (g)	Protein (g)	Carbohydrate (g)
PORK							
93097797	MANDARIN BBQ PORK	152	128	536	4	16	7
		100	84	353	3	11	5
93173430	ROAST PORK LOIN - SAUCE AND STUFFING	110	193	808	6	17	17
		100	175	732	6	16	15
93238734	ROASTED GLAZED HAM MASH	437	420	1,757	12	22	58
		100	96	402	3	5	13
93035166	SAUSAGE PORK 8'S	85	233	976	17	10	6
		100	274	1,148	20	12	7
93236776	THE SAUSAGE DOG	147	312	1,306	14	13	31
		100	212	887	10	9	21
93242024	THE SAUSAGE DOG HALAL	165	318	1,331	14	16	39
		100	192	805	8	10	24

Recipe Code	Vegetarian Mains	Portion Size	Calories (Kcal)	Energy (KJ)	Total Fat (g)	Protein (g)	Carbohydrate (g)
93241530	BEETROOT AND FETA BURGER	216	390	1,633	15	14	50
		100	180	754	7	7	23
93201775	CAULIFLOWER MAC N CHEESE	255	403	1,688	21	17	38
		100	158	663	8	7	15
93207169	CHARTWELLS CHILLI	260	234	981	8	14	26
		100	90	378	3	5	10
93170816	CHEESE AND ONION PASTY	85	225	943	14	4	20
		100	265	1,110	17	5	23
93242023	CHINESE VEGGIE NOODLES	261	379	1,589	6	20	62
		100	146	610	2	8	24
93170738	MAC AND CHEESE POT	454	656	2,748	32	24	72
		100	144	605	7	5	16
93241053	PLANTBALL MARINARA MELT	150	241	1,010	14	16	12
		100	161	675	10	11	8
93178090	QUORN PATTIE EGG & CHEESE MUFFIN	192	358	1,498	14	20	36
		100	186	780	7	10	19
93128069	ROAST CAULIFLOWER & CHICKPEA KORMA	253	228	954	12	8	22
		100	90	377	5	3	9
93239997	ROASTED BUTTERNUT BUDDHA BOWL	340	368	1,542	5	11	74
		100	108	454	1	3	22
93236714	ROASTED INDIAN CHICKPEA SALAD	179	145	607	6	7	17
		100	81	339	3	4	9

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93238730	ROASTED RAINBOW BOWL	435	479	2,006	16	11	75
		100	110	461	4	3	17
93203787	SWEET CHILLI & GARLIC PLANT NOODLES	326	462	1,935	8	23	74
		100	142	593	2	7	23
93236777	THE VEGGIE DOG	190	313	1,309	10	20	34
		100	164	688	5	10	18
93169121	VEGAN SAUSAGE ROLL	129	473	1,982	30	11	37
		100	367	1,537	24	8	28
93240141	VEGETABLE EGG FRIED RICE	206	252	1,056	5	6	49
		100	122	512	2	3	24
93097795	VEGETARIAN BOLOGNAISE	310	386	1,617	8	20	58
		100	125	522	3	7	19
93207225	VEGETARIAN COTTAGE PIE	348	354	1,481	9	19	47
		100	102	426	3	6	13
93204628	VEGETARIAN SAUSAGE	100	138	578	5	15	8
		100	138	578	5	15	8
93236774	VEGGIE BURRITO	299	462	1,934	15	19	63
		100	155	648	5	6	21

Recipe Code	Jacket Potatoes	Portion Size	Calories (Kcal)	Energy (KJ)	Total Fat (g)	Protein (g)	Carbohydrate (g)
VMC 125755	JACKET POTATO – BAKED NO OIL	100	97	406	0.2	3	23
		100	97	406	0.2	3	23
VMC 111925	CHEESE	50	207	859	17	12.5	1
		100	414	1718	34	25	2
VMC 126781	PLAIN SALMON						
		100	130	540	8	24	0
VMC 120893	BAKED BEANS	100	63	264	0	4	9
		100	63	264	0	4	9
VMC 187199 / 89704	TUNA MAYONNAISE (70G Tuna / 23g Mayo)	93	147	616	7	19	1
		100	158	661	8	20	1

Recipe Code	Pasta & Soup	Portion Size	Calories (Kcal)	Energy (KJ)	Total Fat (g)	Protein (g)	Carbohydrate (g)
93147954	HERBY TOMATO PASTA	261	407	1,702	14	16	58
		100	156	651	5	6	22
93181325	PASTA BEEF BOLOGNESE FFL	294	350	1,463	6	23	55
		100	119	497	2	8	19
93094152	LEEK AND POTATO SOUP	226	73	305	2	2	12
		100	32	135	1	1	5
93136872	PEA & MINT SOUP	247	88	368	1	6	16
		100	36	149	0	2	6
93094155	TOMATO AND BASIL SOUP.	232	53	220	2	2	8
		100	23	95	1	1	3

Recipe Code	Pizza	Portion Size	Calories (Kcal)	Energy (KJ)	Total Fat (g)	Protein (g)	Carbohydrate (g)
93147946	TRATTORIA 14 HAWAIIAN	132	290	1,214	9	19	40
		100	219	917	7	15	30

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	SBK PIZZA FFL						
93128494	TRATTORIA HAWAIIAN STONE BAKED PIZZA	133	286	1,196	8	18	40
		100	215	900	6	14	30
93041388	TRATTORIA 14 MARGHERITA STONE BAKE PIZZA	128	286	1,195	9	18	40
		100	222	932	7	14	31
93128498	TRATTORIA VEGGIE HOT ONE SBAKE PIZZA	139	288	1,205	9	18	40
		100	207	866	6	13	29
93147968	TRATTORIA VEG HOT ONE SBK PIZZA FFL	147	285	1,191	9	18	40
		100	194	811	6	12	27
93127257	TRAT 14 MARGHERITA S'BAKE PIZZA FFL	115	280	1,173	9	18	39
		100	243	1,017	8	15	34

Recipe Code	Carbohydrate Sides	Portion Size	Calories (Kcal)	Energy (KJ)	Total Fat (g)	Protein (g)	Carbohydrate (g)
93119265	BREAD WHOLEMEAL LOAF	75	142	595	1	6	28
		100	189	792	2	8	38
93163112	CHIPOTLE WEDGES HALF PORTION	60	59	247	0	2	14
		100	98	409	0	3	23
93124814	CHIPS	94	177	742	5	3	33
		100	189	792	5	3	35
93124739	CHOTA NAAN BREAD	40	109	457	2	3	19
		100	273	1,143	6	7	47
93237709	CRISPY SPICED POTATOES	125	148	620	3	3	28
		100	118	495	3	3	22
93157067	GARLIC & HERB WEDGES	61	61	254	0	2	14
		100	100	418	0	3	23
93197575	MASH POT	194	177	743	5	4	32
		100	91	383	2	2	16
93207226	PASTA WHOLEMEAL	167	223	935	2	9	46
		100	134	561	1	5	28
93109633	RICE 1/2 WHOLEGRAIN	173	251	1,051	1	5	58
		100	145	606	1	3	34
93162615	ROAST POTATOES	114	182	763	7	3	30
		100	160	669	6	3	26
93203944	MARGHERITA PIZZA BREAD	76	169	706	5	8	24
		100	223	933	7	10	32

Code	Vegetable Sides and Salads	Portion Size	Calories (Kcal)	Energy (KJ)	Total Fat (g)	Protein (g)	Carbohydrate (g)
93129265	APPLE SLAW	102	52	220	0	2	11

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		100	51	216	0	2	10
93162619	BAKED BEANS	90	57	237	0	4	8
		100	63	264	0	4	9
93143359	CABBAGE	65	18	74	0	1	3
		100	27	113	1	2	4
93065561	CARROTS	60	18	73	0	0	4
		100	29	122	1	1	6
93143440	MIXED SALAD	73	16	68	0	1	3
		100	22	93	0	1	4
93065563	PEAS	80	56	234	1	4	9
		100	70	293	1	6	11
93170368	SALAD SWEETCORN	70	54	227	1	2	10
		100	78	327	2	3	14
93094208	SWEETCORN	80	48	201	1	3	6
		100	60	251	2	3	8

Code	Other Additional Items	Portion Size	Calories (Kcal)	Energy (KJ)	Total Fat (g)	Protein (g)	Carbohydrate (g)
93102881	CARBONARA SAUCE FFL	303	426	1,783	14	18	62
		100	141	588	4	6	20
93034775	GRAVY	41	17	71	0	0	4
		100	42	176	0	1	10
93203346	RANCH DFRESSING	16	18	74	1	0	1
		100	110	460	9	2	6

Recipe Code	Baguettes, Salads, Sandwiches, Wraps etc.	Portion Size	Calories (Kcal)	Energy (KJ)	Total Fat (g)	Protein (g)	Carbohydrate (g)
BAGUETTES							
93235947	CHEESE AND TOMATO BAGUETTE BROWN	202	523	2,192	19	21	64
		100	259	1,084	10	10	32
93208235 93208233 93183333 93183485	HAM BAGUETTE	213	478	2,000	11	28	63
		100	225	941	5	13	30

Recipe Code	Baguettes, Salads, Sandwiches, Wraps etc. (Continued)	Portion Size	Calories (Kcal)	Energy (KJ)	Total Fat (g)	Protein (g)	Carbohydrate (g)
PANINIS							
93209161	CHEESE PANINI	140	378	1,582	11	17	54
		100	270	1,130	8	12	38

Recipe Code	Baguettes, Salads, Sandwiches,	Portion Size	Calories (Kcal)	Energy (KJ)	Total Fat (g)	Protein (g)	Carbohydrate (g)
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	Wraps etc. (Continued)						
SALADS							
93172009	TUNA & SWEETCORN PASTA SALAD	276	363	1,521	9	19	55
		100	132	551	3	7	20

Recipe Code	Baguettes, Salads, Sandwiches, Wraps etc. (Continued)	Portion Size	Calories (Kcal)	Energy (KJ)	Total Fat (g)	Protein (g)	Carbohydrate (g)
SANDWICHES							
93183484	CHEESE AND HAM SANDWICH	185	459	1,921	22	31	31
93183306		100	248	1,038	12	17	16
93183305	CHEESE AND HAM SANDWICH WHITE	185	441	1,848	19	26	40
93183483		100	239	999	10	14	21
93151103	CHEESE SANDWICH BROWN	125	365	1,529	18	18	30
		100	292	1,223	14	14	24
93151102	CHEESE SANDWICH WHITE	125	384	1,610	18	17	38
		100	308	1,288	14	13	31
93151048	CHICKEN MAYONNAISE SANDWICH BROWN	183	400	1,675	17	26	33
		100	219	918	9	14	18
93151047	CHICKEN MAYONNAISE SANDWICH WHITE	183	419	1,755	17	25	41
		100	230	962	9	13	22
FFL SANDWICH'S (Where nutrition differs from standard)							
93183483	CHEESE AND HAM SANDWICH FFL	185	478	2,000	22	30	39
93183484		100	258	1081	12	16	20
93155988	CHICKEN MAYONNAISE SANDWICH BWN FFL	174	323	1,354	11	22	31
		100	186	780	6	13	18
93155987	CHICKEN MAYONNAISE SANDWICH WHITE FFL	183	376	1,573	13	21	41
		100	206	862	7	12	22
HALAL SANDWICH'S (Where nutrition differs from standard)							
93151495	CHICKEN MAYO SANDWICH BROWN HALAL	178	350	1,466	11	28	33
		100	197	826	6	16	18
93151494	CHICKEN MAYO SANDWICH WHITE HALAL	178	387	1,620	13	25	41
		100	218	913	8	14	23

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Recipe Code	Baguettes, Salads, Sandwiches, Wraps etc. (Continued)	Portion Size	Calories (Kcal)	Energy (KJ)	Total Fat (g)	Protein (g)	Carbohydrate (g)
WRAPS							
93151099	TUNA CRUNCH WRAP	167	327	1,369	12	18	39
		100	196	819	7	11	23
93152299	PEPPER AND HUMOUS WRAP	195	425	1777	22	12	44
		100	218	911	11	6	23

Code	Desserts	Portion Size	Calories (Kcal)	Energy (KJ)	Total Fat (g)	Protein (g)	Carbohydrate (g)
93203945	APPLE CRUMBLE LAYER POT	139	164	685	4	3	30
		100	117	493	3	2	22
93114189	BAKED DOUGHNUT	47	144	604	3	3	25
		100	307	1,285	7	7	53
93159970	BANOFFEE PIE	97	139	581	6	3	19
		100	143	598	6	3	20
93204120	BEETROOT BROWNIE	49	196	820	8	3	25
		100	400	1,674	15	6	50
93233535	BERRY, GRANOLA AND YOGHURT	150	218	911	9	5	27
		100	145	607	6	4	18
93069578	BLUEBERRY MUFFIN	60	222	930	12	3	26
		100	371	1,552	20	5	44
93239791	COURGETTE APPLE & CINNAMON BAKE	66	138	579	5	2	22
		100	208	871	8	3	33
93161188	FROZEN MANGO YOGHURT	100	113	473	1	4	22
		100	113	473	1	4	22
93161187	FROZEN STRAWBERRY YOGHURT	100	129	540	2	4	24
		100	129	540	2	4	24
93118989	FRUIT FLAPJACK	33	141	592	7	1	17
		100	431	1,805	23	5	51
93162982	ICE CREAM BOX CHOCOLATE	100	163	682	7	3	22
		100	163	682	7	3	22
93162983	ICE CREAM BOX STRAWBERRY	100	139	582	6	3	19
		100	139	582	6	3	19
93162984	ICE CREAM BOX VANILLA	100	135	565	5	3	18
		100	135	565	5	3	18
93139522	LEMON DRIZZLE MUFFINS	100	385	1,612	20	5	48
		60	231	967	12	3	29
93034982	OATIE COOKIES	42	182	761	8	2	26
		100	436	1,826	20	5	62
93239790	PANCAKE REDUCED SUGAR	40	77	323	1	2	15
		100	193	808	3	4	37
93122002	PEACHES HOME GRANOLA AND YOGHURT	100	141	589	6	3	18
		160	225	943	9	5	30
93176746	PINEAPPLE POT	79	37	153	0	0	8

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		100	46	193	0	0	10
93204039	RASPBERRY YOG FLAPJACK MUFFIN	52	178	745	9	3	21
		100	344	1,439	17	6	41
93076318	SHORTBREAD	39	186	780	12	2	20
		100	484	2,026	30	4	53
93110853	SWEET WAFFLE	55	187	783	10	4	21
		100	340	1,424	18	7	38
93176747	WHITE GRAPE POT	100	66	276	0	0	15
		100	66	276	0	0	15

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