



NCS IN YOUR SCHOOL

NCS Delivery Partner

Contact Details



What is NCS?

NCS is an inclusive programme, designed specifically for 16-17 year olds. The programme takes place during Summer and Autumn helping young people get the skills, experience and self-belief they need to achieve their potential – and smash their future goals.

On top of the Summer and Autumn programme, NCS offers school support through our Skills Booster programme. This is designed to have a direct positive influence on the school curriculum and student outcomes as well as providing high-quality personal development opportunities to young people.

Founded on the principles of **social cohesion, social engagement and social mobility**, NCS aims to make a life-changing difference to young people and how they approach life after school (something that can be daunting for even the most confident young people).

In just two weeks, they'll mix with new people from different backgrounds, conquer big challenges, pick up some invaluable life skills and get the confidence they need to live independently.

They will even take part in a social action project to do good in their local community. It's the perfect stepping stone into adult life – just ask the **600,000 young people who've taken part**.



NCS Programme

The NCS programme has been adapted to ensure it is Covid safe. The 2 week experience in the summer costs just £50 with £10 bursaries available by getting in touch with our team. In the Autumn, this experience is free for young people to take part in.

Over the course of the programme young people will take part in four phases; *Be Epic, Live Life, Do Good* and *Go Party*.

During *Be Epic*, young people will get involved in a mixture of activities that will push them outside of their comfort zone. They might find themselves swinging from high ropes, build winning rafts or scaling walls. This is a great way for them to meet new people and build a strong bond with their new team.

Through *Live Life*, they will get a crash course in adulting by taking part in a series of activities that will increase their confidence, and allow them to pick up new skills that will set them up in life.

Do Good focuses on Social Action and is a practical experience for young people to make a lasting difference and impact to their communities.

Go Party is the conclusion of the programme celebrating the successes of young people and where they will receive their certificate signed by the Prime Minister.

COVID-19

Programmes follow the government and the National Youth Agency's guidance on managing youth sector activities and spaces during COVID-19.



Safeguarding

Our programmes undergo strict Health & Safety procedures. All staff are DBS checked and we have a team available 24 hours a day to deal with all safeguarding issues.



SKILLS BOOSTER

NCS



NCS is here to deliver personal development experiences for young people

Building on the success of our 2020 FE/School Support offer, the **NCS Skills Booster** programme, which was delivered to over 400 schools and educational establishments, aims to support teachers in providing high-quality personal development opportunities to young people, and is delivered through 15 hours of in-person sessions.

Our teaching packs can also be downloaded and adapted for use by your school's staff in their PSHE lessons, form-time activities or after-school enrichment time. Both options are **free** and available to Year 11 & 12 throughout the academic year.

Themes covered include:

- Employability
- Citizenship
- Careers
- Volunteering

“Fantastic workshops in a range of subjects and suggestions of how to provide ongoing support”

- Alumni Engagement Manager, ARK

**For more information on Skills Booster
please email us at**

Benefits to your students/learners

NCS can make a huge difference to the lives of young people across the country and help set them up for their future. Here are some of the benefits for young people.

Confidence: Drives and improves confidence in young people, helping them to develop their self-belief.

Social mixing: Working with other young people from a variety of different backgrounds to make a change in their community.

Excellent evidence on a UCAS statement or a CV: NCS helps young people prove their ability to go above and beyond and challenge themselves.

Aspirational opportunities: Young people will experience success in different environments and realise their potential through pushing themselves to take on new challenges. They will also experience university life as part of their residential experience.

Community engagement: By delivering a Social Action Project, young people will discover that they have the power to make a difference in their local community.

Membership to a graduate network: NCS provides access to apprenticeships and work experience at extremely prestigious companies, amongst other opportunities.

Skills development: The programme helps young people pick up many of the 'soft skills' employers are looking for.



NCS

Benefits to schools and colleges

Ofsted describes NCS as a programme whose positive impact on pupils may be considered as part of an Ofsted inspection report. Below is the new Education Inspection Framework (EIF) grade criteria for personal development – and we've outlined how NCS supports each part.



Ofsted Area

The curriculum extends **beyond the academic**, technical or vocational and provides for learners' broader development, enabling them to develop and discover their interests and talents.

The curriculum and the provider's wider work support learners to **develop their character – including their resilience, confidence and independence** – and help them know how to keep physically and mentally healthy.

The provider **prepares learners** for future success in their next steps, at each stage of education.

The provider **prepares learners for life in modern Britain** by: equipping them to be responsible, respectful, active citizens who contribute positively to society; developing their understanding of fundamental British values; developing their understanding and appreciation of diversity; celebrating what we have in common and promoting respect for the different protected characteristics as defined in law.

How NCS Supports this

- Extends students' learning beyond their compulsory education.
- Empowers and inspires young people to **challenge themselves in new contexts and environments**.
- Teamwork on a student-led 'passion project' to improve their local community.
- The programme teaches independence.
- Requires students to commit to the programme, which shows they have the **grit and resilience required to complete it**.
- If a large number of students sign up to NCS from one school, it demonstrates the confidence and self-belief the school has given them to take part in something new.
- Students take part in skill development sessions.
- **Teamwork and leadership** are key to the programme as they must work well together and take ownership of their project.
- Students will deliver presentations and learn about **employability skills** as part of week 2 – all of which will support next steps.
- Social mixing is key to the NCS programme, with students working with, and learning from, **a variety of young people from different backgrounds**.
- They'll gain a lived experience of the British Value of **"mutual respect for and tolerance of those with different faiths and beliefs, and for those without faith"**.
- Students are exposed to real-world experiences and tasked to tackle problems in their community that matter to them.

Gatsby Benchmarks

Every young person needs high-quality career guidance to make informed decisions about their future. The NCS programme helps to embed each Gatsby benchmark and can provide a school and college with evidence to include in Self Evaluation Forms (SEF), as well as examples to prove to Ofsted that provision is both in place and impactful.

Here's how NCS provides tangible and powerful evidence for **Benchmarks 1, 5, 6 and 7**. We can provide schools with additional examples to bolster the work being done in these areas already.

1. A stable careers programme

Benchmark 1 is the 'overarching aim' of the careers programme in school. All internal provisions and initiatives where schools work with outside providers should be working towards achieving this aim. NCS is committed to helping schools provide robust and varied evidence of this aim being fulfilled in a variety of ways.

5. Encounters with employers and employees

This can be difficult for schools to embed on a consistent basis and arranging events and/or work experience takes significant time and resources. NCS can provide a variety of opportunities that are of high value and

6. Experiences of workplaces

The NCS graduate network provides young people in years 12 and 13 with valuable opportunities to take up work experience and employability skill building which are highly valuable in helping young people to be equipped and informed in making decisions on their future. This is often asked by Ofsted in relation to 16-19 provision.

7. Encounters with further and higher education

For schools with a Sixth Form, this is a real problem area as with the introduction of linear A-Levels and more intensive Level 3 qualifications there is far greater need for teaching time – and for many schools, teaching now goes right up until the start of exams. This means that developing a programme of provision that opens up these opportunities to young people can be extremely difficult to fit in. NCS can help to ensure that these encounters are in place and part of a student's 'tool kit' before starting Level 3 courses and can therefore be built upon by schools.

70%
OF PARTICIPANTS FELT
MORE CONFIDENT
ABOUT
**GETTING A
JOB IN THE
FUTURE**
AS A RESULT OF
GOING ON NCS²¹
SOURCE NATIONAL CITIZEN SERVICE
2018 EVALUATION DCMS



Get Your Students Involved in NCS



Please get in touch to organise a presentation date and supporting resources.

Our experienced teams deliver presentations about the autumn and summer programme for your students. They can also provide information for parents and guardians about the programme and how to help their young people sign-up.

- ✓ Presentation to young people in your school
- ✓ Presentation to parent/guardians, either remotely or in school
- ✓ TV slides to display around the school
- ✓ Letters about NCS for parents and guardians ahead of presentation
- ✓ Regular updates on who is interested and signed up
- ✓ Promote NCS on your School's Social Media